

# Cartesian Harmonics System

## SELF-ASSESSMENT

## THE CARTESIAN HARMONIC GRID

### Personal Harmonic Types (PHT) Design

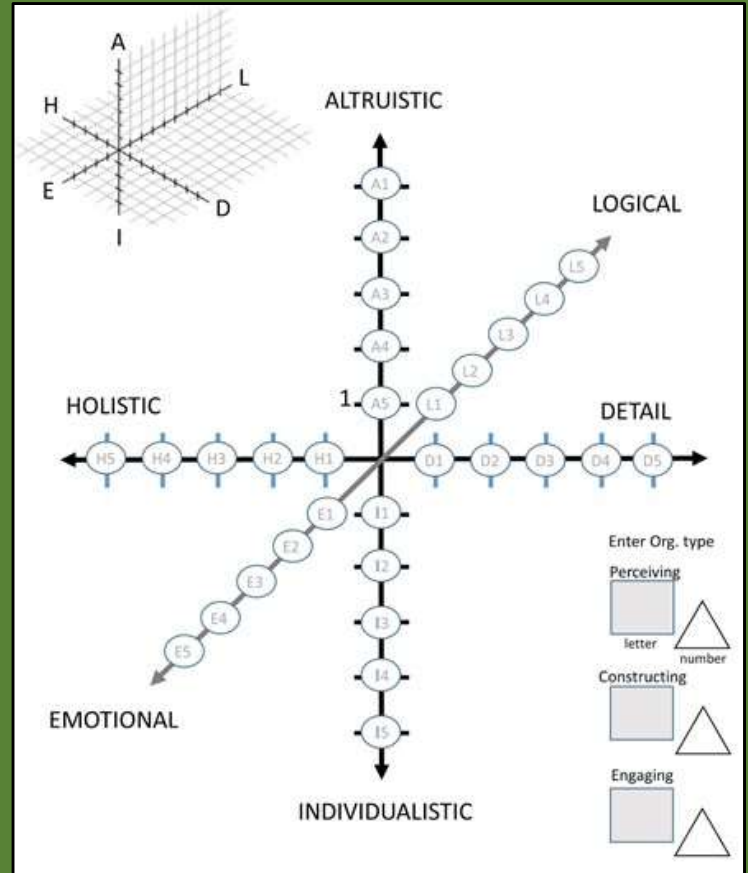
Personal Harmonic Types are derived from a unique psychometric system. This system is a self-assessment instrument exploring your Affective (feelings), Cognitive (thoughts), and Psychomotor (action) domains.

### A Cartesian Grid

Self-assessment data is used to place an individual's selected range in values of 1 through 5 across six variables. These variables are paired across the 3 core domains reflecting how you PERCEIVE your world, how you CONSTRUCT your world, and how you ENGAGE your world. These occur across an X, Y, and Z axis, forming what is called a "cartesian grid."

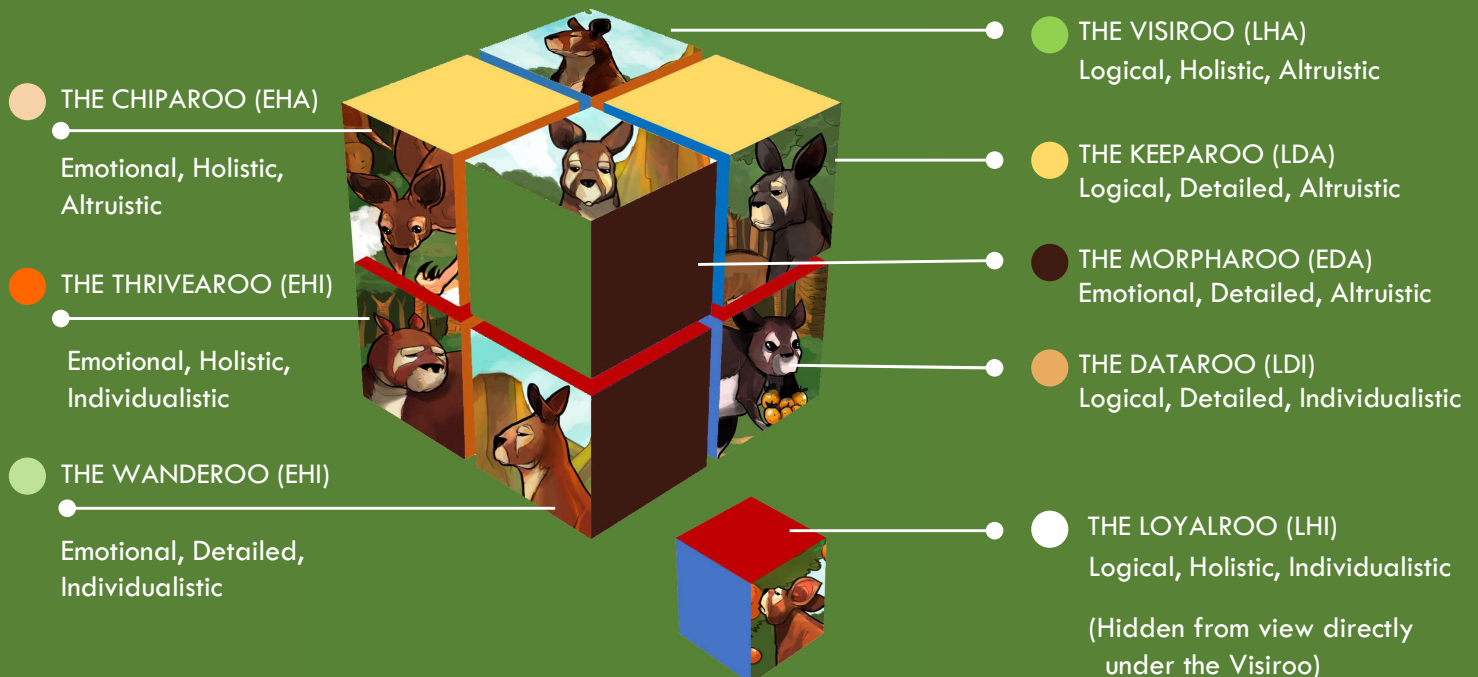
### Mapping Your Personal Harmonic Type

You can use the grid pictured here to "plot" or "map" your preferred type from your responses on the Daily Harmonic Profile with Degrees.



## YOUR ROO TYPE on THE CARTESIAN GRID

Your Personal Harmonic Types (PHT) corresponds to your "Roo" type below in the matching 3D cube.



# Daily Harmonic Variance

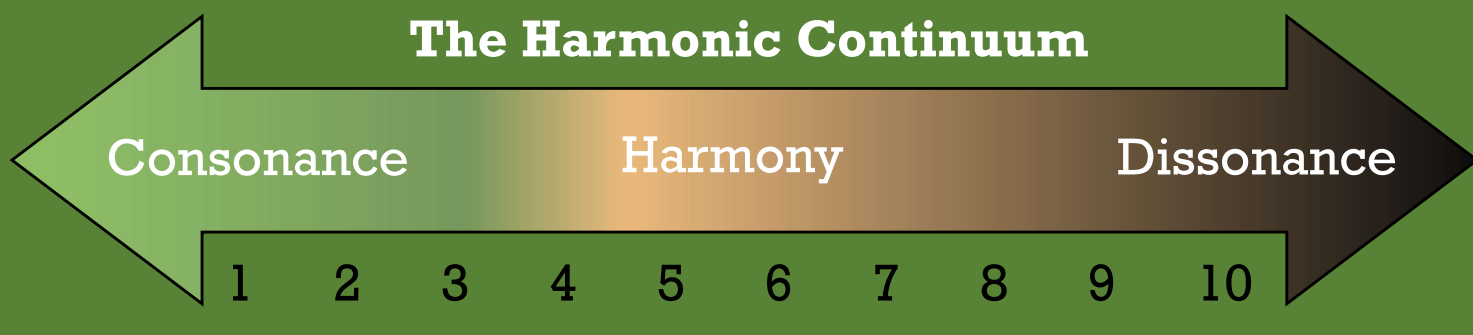
EACH DAY YOUR LIFE WILL LIKELY CHANGE

HARMONY and the IMPORTANCE of CONSONANCE and DISSONANCE

- Daily Life Across the 3 Domains of Affective, Cognitive, and Psychomotor

The Personal Daily Harmonics System acknowledges that we exist within a continuum of harmony. Some days are static, where we repeat known patterns over and over. Other days and periods of our life demand that we adapt to new events and even sustained change. This is the dynamic we must all learn to thrive within across all 3 Domains throughout our lives.

## The Harmonic Continuum

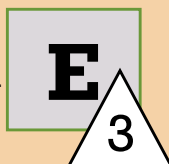


DAILY PERSONAL  
HARMONIC VARIANCE

**YOUR PERSONAL HARMONICS MAY CHANGE EVEN DAILY!**

While your overall profile is unlikely to change dramatically, your selected “ranges” are likely to shift.

One day you may slightly shift from an  $E_2H_1A_2$  to an  $E_3H_2A_4$

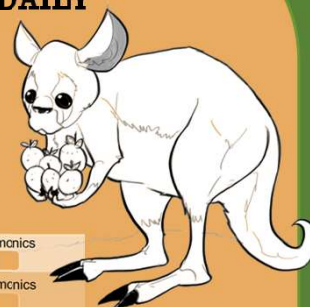


You may even occasionally change your “Roo Type” as you adjust to your world. An  $E_1H_1A_3$  to an  $L_1H_2A_3$ . This is what we call a “Switcharoo.” This is normal. See the next section on Harmonic Masking for more detail.

DAILY HARMONIC SPHERES  
of INFLUENCE VARIANCE

**YOUR SPHERES of HARMONIC INFLUENCE MAY CHANGE DAILY**

- Community/World Harmonics  
1) Are you in consonance or dissonance in this sphere?
- Family/Work Harmonics  
2) Are you in consonance or dissonance in this sphere?
- Relationship Harmonics  
3) Are you in consonance or dissonance in this sphere?



Relationship Harmonics  
Score = (1-10)

Family/Work Harmonics  
Score = (1-10)

Community/World Harmonics  
Score = (1-10)

### SCORE RANGES

- 1= Extremely Consonant
- 2= Heavily Consonant
- 3= Generally Consonant
- 4= Slightly Consonant
- 5= Barely Consonant
- 6= Barely Dissonant
- 7= Slightly Dissonant
- 8= Generally Dissonant
- 9= Heavily Dissonant
- 10= Extremely Dissonant

It is highly likely that your range of Consonance to Dissonance for the external spheres of your life will change, even daily. Be sure to ask yourself these key questions each day to best assess your overall harmonics!

# Harmonic Masking

## THE SWITCHAROO: TEMPORARILY SHIFTING YOUR PREFERRED DOMAIN(S)

Some days we must wear a “Harmonic Mask” to achieve harmony in our world. A slight shift in only one dimension may be all that is required. Other days we must attempt to shift to greater degrees. Shifting your Roo on one dimension can assist you in meeting the challenges of each day. The table here shows which shifts should be easier for you based on your type. The greater the degree of change or duration of change, the “heavier” the burden of masking.

### Single Domain Harmonic Masking Guide

#### ● Loyalroo (LHI)

- L to E becomes a Thrivearoo
- H to D becomes a Dataroo
- I to A becomes a Visiroo

#### ● Dataroo (LDI)

- L to E becomes a Wanderoo
- D to H becomes a Loyalroo
- I to A becomes a Keepearoo

#### ● Thrivearoo (EHI)

- E to L becomes a Loyalroo
- H to D becomes a Wanderoo
- I to A becomes a Chiparoo

#### ● Morpharoo (EDA)

- E to L becomes a Keepearoo
- D to H becomes a Chiparoo
- A to I becomes a Wanderoo

#### ● Keepearoo (LDA)

- L to E becomes a Chiparoo
- D to H becomes a Visiroo
- A to I becomes a Dataroo

#### ● Visiroo (LHA)

- L to E becomes a Chiparoo
- H to D becomes a Keepearoo
- A to I becomes a Loyalroo

#### ● Chiparoo (EHA)

- E to L becomes a Visiroo
- H to D becomes a Morpharoo
- A to I becomes a Thrivearoo

#### ● Wanderoo (EDI)

- E to L becomes a Dataroo
- D to H becomes a Thrivearoo
- I to A becomes a Morpharoo



### MASKING MORE THAN ONE DOMAIN

Individuals can “Mask” to any type. However, shifting more than one domain (Emotion and Logic, Holistic and Detail, Altruistic and Individualistic) is usually extremely difficult. For example, Loyalroos (LHI) and Morpharoos (EDA) are exact opposites in every dimension. The point here is to spend as little time as possible “away” from your Personal Harmonic Type (PHT)...your “Natural Roo.”